



Celebration of the 58th National Nutrition Day Faculty of Nutrition Science UPN "Veteran" Jakarta

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Jakarta - In the context of National Nutrition Day, UPN "Veteran" Jakarta Undergraduate Nutrition Science students are holding a "Celebration of the 58th National Nutrition Day" at UPN Veteran Jakarta, Limo. This activity has the theme "Prevent Stunting, It's Important!". Stunting is a chronic malnutrition problem caused by insufficient nutritional intake for a long time due to the provision of food that does not match nutritional needs. Stunting occurs when the fetus is still in the womb and only appears when the child is two years old. It was this concern that motivated the UPNVJ Faculty of Nutrition to carry out the event.



Aerolim Gymnastics Activities

The event began with remarks by UPNVJ Chancellor Prof. Dr. Eddy S. Siradj, M.Sc.Eng. In his remarks he congratulated commemorating the 58th National Nutrition Day and he hoped that all the events held would run smoothly and be of benefit to all participants attending this event.

This activity, which was carried out by Muhammad Alfian, a Nutritionist at UPN Veterans Jakarta, was intended for all students, UPN Veterans Jakarta staff and lecturers, as well as the surrounding community as a form of stunting prevention with 180 participants.



Health Consultation by Lecturer
UPNVJ Faculty of Nutrition Sciences

The form of this year's National Nutrition Day Celebration activity consisted of Aerolim Gymnastics which was attended by all UPN Veterans Jakarta students as well as staff and lecturers. After the gymnastics, it was followed by eating with students and distributing fruit to the community around the campus. After eating together and resting, it is continued with games between classes and between the committee and lecturers. Apart from that, health checks and consultations were also held which were attended by UPN Veteran Jakarta students and the community around the campus, where the counselors were UPN Veteran Jakarta Bachelor of Nutrition Science lecturers.

According to Ihsan, one of the UPNVJ Faculty of Nutrition students, the aim of this activity was to invite all UPN Veterans Jakarta students, staff and lecturers, and the community to play an active role in efforts to prevent stunting. Apart from that, this celebration also aims to establish friendly relations between students and lecturers of Nutrition Science at UPN Veteran Jakarta.



Health Test for academics and the surrounding community